

♦ From the Director cont. ♦

earnings, once that is complete you will receive your huge "lump sum" payment. Please be cautious of any winnings from something in which you didn't enter. We will be holding a session on scams this month here at the Senior Center. This is a serious issue that has already affected people you know here in the community.

We here often wonder about members that we haven't seen for awhile out of concern for their well-being. Because of this, are looking to start a new service for our members. We will be instituting "Give Me a Call" a home check telephone service. We will ask you to fill out a form designating when you would like us to call and what to do in the event you don't answer when our Front Desk volunteers call. Many of our members live alone with no close relatives. We think this will be a great addition to the services we provide. We welcome your feedback.

This time of year brings much to look forward to at the East County Senior Center. The Seniors on the (Seaside, OR) Beach trip is scheduled for May 8th-10th. There are other overnight trips scheduled too-see page 12. We will be having our Vendor Fair on June 15th and 16th. The annual Monroe Garden Club Plant Sale and Board Rummage Sale is Saturday, May 12th. Our International Dinners are really taking off on the 4th Wednesday of each month. Something to look forward to is our Annual Meeting, Dinner and Softball event on Wednesday, July 25. Come learn how the fiscal year went, play a little ball. Enjoy the Spring!

Marc Avni, Executive Director,
Reach me at 360-794-6359 or
director@eastcountyseniorcenter.org

ZUMBA GOLD is enjoyed here at ECSC!!!
It makes exercise fun while burning fat,
toning and sculpturing the body.

Zumba Gold is designed for adults and also may be done while sitting. It is dance exercise with Latin music and dance themes. Come join us for an hour of healthy dancing exercises. First class is free. We offer a punch card of 10 classes for \$40 or drop in for \$5 per class.



ZUMBA
fitness

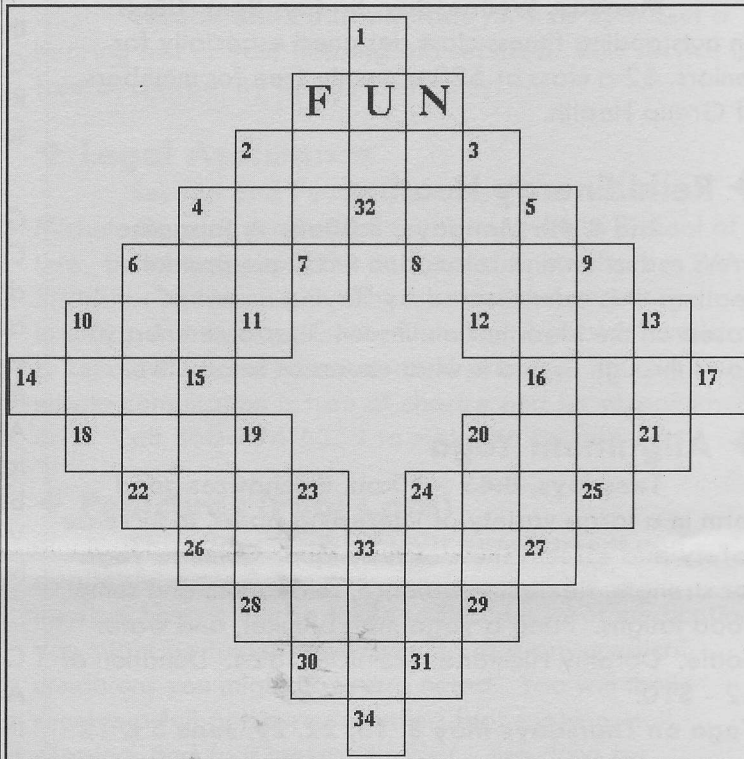
Tuesdays and Thursdays

♦ Crossword Puzzle ♦

Crossword puzzles were derived from the 19th century English Word Squares where a word was placed in row going across as well as down etc. to complete a square.

On December 21 1913 the New York World published Arthur Wynne's "Word-cross", the world's first known published crossword puzzle.

Here it is:



And the clues:

- | | |
|----------------------------------|--------------------------------------|
| 2-3. What bargain hunters enjoy. | 10-18. The fibre of the gomuti palm. |
| 4-5. A written acknowledgment. | 6-22. What we all should be. |
| 6-7. Such and nothing more. | 4-26. A day dream. |
| 10-11. A bird. | 2-11. A talon. |
| 14-15. Opposed to less. | 19-28. A pigeon. |
| 18-19. What this puzzle is. | F-7. Part of your head. |
| 22-23. An animal of prey. | 23-30. A river in Russia. |
| 26-27. The close of a day. | 1-32. To govern. |
| 28-29. To elude. | 33-34. An aromatic plant. |
| 30-31. The plural of is. | N-8. A fist. |
| 8-9. To cultivate. | 24-31. To agree with. |
| 12-13. A bar of wood or iron. | 3-12. Part of a ship. |
| 16-17. What artists learn to do. | 20-29. One. |
| 20-21. Fastened. | 5-27. Exchanging. |
| 24-25. Found on the seashore. | 9-25. To sink in mud. |

DID YOU KNOW?..... ECSC has a puzzle exchange?

You can just come in and walk out with a puzzle you haven't done before.

You can donate, exchange, or just grab and go!

Located across from the Front Desk & under display case.